

Food Pantry Shopping List

Canned Meats:

tuna chicken chili stew

Canned pasta:

ravioli spaghetti o's beef-a-roni spaghetti

Canned vegetables:

corn creamed corn

green beans carrots potatoes peas

mixed vegetables

french style green beans

Canned beans:

black beans chili beans great northern cannellini

baked beans pork and beans

garbanzo beans (chickpeas) kidney beans (light and dark)

black eyed peas

Canned fruit:

pears peaches fruit cocktail oranges

applesauce

Breakfast items:

pancake mix syrup

oatmeal

Canned soup:

tomato

chicken noodle

cream of mushroom cream of chicken

ready-to-eat soups

(Chunk, Progresso style soups)

broth (chicken, beef)

Pasta:

macaroni and cheese

dry pasta

(spaghetti noodles, rotini, shells, penne, ziti, elbows)

spaghetti sauce

Potatoes:

Instant potatoes

box mixes (au gratin, scalloped)

Pantry items:

tomato sauce tomato paste diced tomatoes

rice

boxed rice mixes evaporated milk

juice

Toiletries:

toothbrushes toothpaste shampoo body wash deodorant